



Berkshire Waldorf High School

14 Pine Street
Stockbridge
MA 01262
(413) 298-3800

PO Box 905
Great Barrington
MA 01230

berkshirwaldorf.com

SOCCER TEAM INFORMATION • Fall 2017

Dear Students and Parents,

Please welcome Iolani deRis as head soccer coach this year. Coach deRis played soccer in grades 6 through 8 at Great Barrington Rudolf Steiner School, where she graduated in 2009. She then played on the girls' varsity team at Monument for three years of high school; during her sophomore year, while on an exchange program in Chile, she competed on a men's team. She now plays on the men's team at Berkshire Community College. In Fall 2015, she coached the Steiner School grades 7-8 girls' team, and in Spring 2016 she coached a u14 team in Berkshire Hills Youth Soccer Club.

Below please find information regarding our soccer program for Fall 2017.

PARTICIPATION All students are encouraged to play. There are no tryouts. Playing experience is helpful, but not necessary. In making your decision, please recall the participation on this team fulfills half your physical education requirement for the year. Participation in high school athletics is an invaluable experience; students learn about commitment, competition, hard work, discipline, and perseverance.

COMMUNICATION For now, please communicate with Sarah Blehrud, Athletic Director, and with Coach deRis by emailing athletics@berkshirwaldorf.com, or by calling the school directly at (413) 298-3800. At the first practice, Coach deRis will give instructions regarding the best ways to reach her from that time forward.

PRACTICES Please note: The soccer program officially begins with practice at 3 p.m. on Monday, August 28, at the Park Street field in Stockbridge. Practices are held Monday, Tuesday, and Thursday at the Park Street Soccer Field (behind the skate park) in Stockbridge, from 3:00 p.m. until 5:00 p.m. Attendance is required at every practice unless you are absent from school or have made a prior arrangement with the coach. Speak to your coach as soon as possible if you must miss a practice.

GAMES We will play approximately ten games during the season. All games are posted on the online school calendar. The team will not have more than four days of soccer per week.

TRANSPORTATION Students will walk to the field from school for practice. After practice, parents will pick up non-driving players at the field. Away games will leave from and return to the high school parking lot on Shamrock Street.

CLOTHING and GEAR All players must come to practice prepared to play in appropriate soccer attire: soccer cleats, shin guards, soccer socks, t-shirts, and shorts. Shin guards and soccer cleats are mandatory! Shin guards and soccer cleats can be purchased at Barrington Outfitters in Great Barrington; Reynolds Team Sales or Dick's Sporting Goods in Pittsfield; or other area sporting good stores.

UNIFORMS The school provides team uniforms, which are the property of the school. Players are responsible for their uniforms, and will be charged the replacement price at the end of the season for lost or damaged uniforms.

PHYSICAL Massachusetts State Law requires that any student who attends a Massachusetts school, and participates in any sports MUST have a physical each new school year. A blank Health Record is available on our website at this link: <http://berkshirwaldorf.com/wp-content/uploads/2015/07/Health-Record.pdf>



Berkshire Waldorf
High School

14 Pine Street
Stockbridge
MA 01262
(413) 298-3800

PO Box 905
Great Barrington
MA 01230

berkshirewaldorf.com

SOCCER TEAM PARTICIPATION

Please complete and return this page to Coach Iolani deRis or Athletic Director Sarah Blexrud. You may bring it with you on the first day of practice. Keep the first page of this letter for your reference.

Thank you,

Sarah Blexrud
Athletic Director

BERKSHIRE WALDORF HIGH SCHOOL SOCCER PROGRAM

I will participate in the Berkshire Waldorf High School Soccer Program. I agree to submit an updated health form, completed by my physician, and meet all commitments and requirements regarding attendance and dress code.

Participant (print)

Participant (sign)

Date