



## Berkshire Waldorf High School

14 Pine Street  
Stockbridge  
MA 01262  
(413) 298-3800

PO Box 905  
Great Barrington  
MA 01230

[berkshirwaldorf.com](http://berkshirwaldorf.com)

July 2019

Dear Students and Parents,

Please plan for our Orientation for new and returning students at Camp Hi-Rock in Mt. Washington, MA, from Wednesday, September 4, to Friday, September 6. The purpose of the orientation, including hiking, campfires, games, and low and high ropes challenges, is to acquaint ourselves if we are new to the school, reacquaint ourselves if we are not, learn to work increasingly well with each other, and help establish a supportive school community at the start of the year. Our orientation also gets us out in nature and gives us opportunities to work with each other outside of the classroom. We consider it important for every student at the school to attend.

- **Departure and Return:** We will leave from the High School at 1 p.m. on Wednesday, September 4. Upon return, we will drop some students at the Steiner School at 2:30 p.m. on Friday, September 6, and then return to the High School before 3 p.m. Students may make their usual ways home. Please be punctual if you are picking your students up at either school.
- **Lodging:** We will stay in cabins with bunk beds for our two overnights. The bunks have mattresses, so students need to bring only a sleeping bag and pillow for their bedding.
- **Food:** Our meals will be provided by the camp cafeteria. Students should bring their own lunch for our first day. **(Hi-Rock does its best to accommodate vegetarians, but the food is basic. If you have specific diet requirements, please let us know in writing and soon.)**
- **The cost for the Orientation is \$150.** This year, Patrick White, Business Manager, will add this amount to your account in TADS.
- **Chaperones.** If you are interested in spending a few hours with us or want to come for the whole time please let me know. Thursday afternoon at the waterfront can be especially pleasant, and so is continuing with a bonfire and moonlight hike for those who can remain into the evening.

We are looking forward to a great trip and a wonderful beginning to the school year. Please call me at the High School, (413) 298-3800, if you have any questions.

Sincerely,

Stephen Sagarin, Ph.D., Faculty Chair

**(PACKING LIST on following page.)**



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## Camp Hi-Rock Orientation Packing List

Please bring all of the following:

- sleeping bag
- pillow
- toiletries
- bathing suit
- hiking shoes or sneakers that tie (no sandals, Crocs, or slip-ons for some activities—may be fine other times)
- hat
- sunscreen
- flashlight
- towel
- poncho or raincoat
- shorts
- jeans, sweat pants, or long pants
- t-shirts
- socks
- warm sweater or jacket
- backpack (small; day pack)
- water bottle

You might also like to have:

- book(s)
- musical instruments
- cards
- board games
- sandals (for beach)

### Do not bring:

- Alcohol, tobacco, non-prescription drugs
- knives or weapons (a jackknife or small camping knife is fine but unnecessary)
- iPods, personal stereos, headphones
- cell phones, computers, electronic games